Taiwan Harmony Friends Church

Worship Service *Nov. 1, 2026*

Prelude

Invocation: In the name of the Father, Son and the Holy Spirit, we worship together on this Sunday Morning.

For Chinese Pinyin lyrics, please scan:

† 我要讚美耶和華 **I Want To Praise The LORD**

♫ I want to praise the Lord,
praise Him in His sanctuary
Praise and praise Him for His acts of power
Praise Him with the sounding of the trumpet,
praise Him with the harp and lyre,
Let everything that has breath praise the LORD

† 我已得自由 **I Have Been Set Free**

♫ He has loved me before I was even born
Designed me, he knew me, called me out
He sent Jesus Christ,
His only Son to die for me to lead me into his loving arms

♫ I will sing, I will shout, I have been set free
For the gospel holds power to give to me brand new life
I will sing, I will shout, I have been set free
For the gospel holds power to give to me strength I need
His grace is here right now
His light will shine around
I declare that in Him I am set free

♫ Sins are washed away, guilt is washed away
For the blood of Christ holds the power
Sins are wiped away
For in him all things are made new
Everything is new in you Jesus

† 充滿我 **Fill Me**

♫ Fill me, Holy Spirit, Lord, quench my thirsty soul.
Fill me, Holy Spirit, Lord, make me whole.

Responsive Reading: Psalm 84:8-12

8 Hear my prayer, LORD God Almighty; listen to me, God of Jacob.
9 Look on our shield, O God; look with favor on your anointed one.
10 Better is one day in your courts than a thousand elsewhere; I would rather be a doorkeeper in the house of my God than dwell in the tents of the wicked.
11 For the LORD God is a sun and shield; the LORD bestows favor and honor; no good thing does he withhold
from those whose walk is blameless.
12 LORD Almighty, blessed is the one who trusts in you.

Praise

† 救主權能 **Jesus Shall Reign**

♫ Jesus shall reign where'er the sun
Does his successive journeys run;
His kingdom stretch from shore to shore,
Till moons shall wax and wane no more.

♫ To Him shall endless prayer be made,
And praises throng to crown His head;
His Name like sweet perfume shall rise
With every morning sacrifice.

♫ Let every creature rise and bring
Peculiar honors to our King;
Angels descend with songs again,
And earth repeat the loud amen!

Special Music

† 當向主歌唱 **O Sing Unto the Lord**

♫ *O sing unto the Lord a new song,
sing unto the Lord, all the earth
(sing unto the Lord)x3, (a new song)x2 *
O let us sing unto the Lord our God * *
♫ O let us sing unto the Lord our God
Declare His glory among the nations,
His wonders among all people,
proclaim His salvation day by day.
The Lord is great and greatly to be praised.
He is above all other gods!
♫ *O sing unto the Lord a new song,
sing unto the Lord, all the earth
(sing unto the Lord)x3, (a new song)x2 *
O let us sing unto the Lord our God * *
Praise the Lord with a new Hallelujah,
Praise Him with a new Amen.

Scripture Reading:

2 Chronicles 7:14 If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and heal their land.

Psalm 25:9 He guides the humble in what is right and teaches them his way.

Sermon: The Way to Life, the Way Out, and the Key to Life — Humility ~ Pastor Dong

Solomon's prayer shows us that humbling ourselves (or being humble) is the most important key to having our prayers heard by God. It is the way to life and the key to life!

Psalm 25:15 My eyes are ever on the Lord, for only he will release my feet from the snare.

(Psalm 25) shows us that looking to God, trusting in Him, waiting for Him, and fearing Him are the way to life and the key to life. The foundation of all four is humility—the attitude of humbling ourselves before God!

What is humility? What does humility bring? How can we become humble people?

I. Two Aspects of Humility (Isaiah 57:15; 2 Chronicles 7:14; Micah 6:8)

Isaiah 57:15 For this is what the high and exalted One says— he who lives forever, whose name is holy: "I live in a high and holy place, but also with the one who is contrite and lowly in spirit,
to revive the spirit of the lowly and to revive the heart of the contrite.

2 Chronicles 7:14 if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

Micah 6:8 He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly[a] with your God.

Aspect One: Humbling Ourselves Before the Lord

1. When our relationship with God is broken, we humble ourselves before the Lord and repent. כָּנַע (*kāna ʿ*)

2. When we face difficulties and trials, we humble ourselves before the Lord and let Him decide. עָנָה (*ʿānâ / ʿānāw*)

3. When God reveals His glorious presence, we humble ourselves before Him and honor Him with the highest reverence. שָׁפַל (*šāpāl*)

4. As we walk with God in our daily lives, we humble ourselves before Him and live with reverence and awe. צָנַע (*ṣāna ʿ*)

Numbers 12:3 Miriam and Aaron began to talk against Moses because of his Cushite wife, for he had married a Cushite.
2 "Has the LORD spoken only through Moses?" they asked. "Hasn't he also spoken through us?" And the LORD heard this.
3 (Now Moses was a very humble man, more humble than anyone else on the face of the earth.)

Aspect Two: Putting Ourselves Aside and Not Competing with Others (Numbers 12:1-3)

Summary:
Humility has absolutely nothing to do with weakness or cowardice!

Humility means humbling ourselves before God and putting ourselves aside without competing with others.

II. Why Should We Be Humble?

The foundation of humility is knowing how small we are, knowing that we are sinners, and having the deepest reverence for God.

1. Knowing that we are sinners. **(Isaiah 57:15)**

2. Knowing that we are very small before God. **(2 Chronicles 7:14)**

3. Knowing that God is the Most High and Almighty, the supreme Judge who has established good and evil from eternity. **(Micah 6:8)**

4. Knowing that humility is a matter of life and death, blessing and disaster. **(Psalm 25:1–2, 9)**

Therefore, people are not humble because they refuse to admit that they are sinners. Even when they know they have sinned, they do not repent. They refuse to acknowledge that God is the Most High and Almighty, and they put themselves in God's place!

III. The Blessings of Humility

Psalm 25:1, 3, 8–11, 18
1 In you, Lord my God, I put my trust.
3-4 No one who hopes in you will ever be put to shame, but shame will come on those who are treacherous without cause.
4 shows that God guides the humble along the right path that pleases Him.
8-11 Good and upright is the Lord; therefore he instructs sinners in his ways.
9 He guides the humble in what is right and teaches them his way.
10 All the ways of the Lord are loving and faithful toward those who keep the demands of his covenant.
11 For the sake of your name, Lord, forgive my iniquity, though it is great.
18 Look on my affliction and my distress and take away all my sins.

First: Freedom from Shame (Psalm 25:1, 3, 8–11) — God honors them.

Psalm 25:13-17, 19-22 They will spend their days in prosperity, and their descendants will inherit the land.
14 The LORD confides in those who fear him; he makes his covenant known to them
15 My eyes are ever on the Lord, for only he will release my feet from the snare.

16 Turn to me and be gracious to me, for I am lonely and afflicted.
17 Relieve the troubles of my heart and free me from my anguish.
Psalm 25:19-22 Look on my enemies, for they are many and they hate me fiercely.
20 Guard my life and rescue me; do not let me be put to shame, for I take refuge in you.
21 May integrity and uprightness protect me, because my hope, LORD, is in you.
22 Deliver Israel, O God, from all their troubles!

Second: Intimacy with God (Psalm 25:14, 19–22, 16, 15, 17)

When we are alone, helpless, and unable to get out of trouble by ourselves, God rescues us and delivers us from our enemies and death.

Third: Living in Peace (Psalm 25:13, 15)

Even when darkness comes and trouble is near, deep in our hearts we can still rest in the presence of God.

Psalm 37:9–11 For those who are evil will be destroyed, but those who hope in the LORD will inherit the land.
10 A little while, and the wicked will be no more; though you look for them, they will not be found.
11 But the meek will inherit the land and enjoy peace and prosperity.

Fourth: Inheriting the Land (Psalm 37:9–11, 22–34)

1. Receiving the promises God has given us.

2. Not being cut off, but standing firm in peace and living securely forever.

Matthew 11:28-29 Come to me, all you who are weary and burdened, and I will give you rest.
29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

Matthew 11:20–27 Then Jesus began to rebuke the towns where most of His miracles had been performed, because the people there did not repent.
21 "Woe to you, Chorazin! Woe to you, Bethsaida! For if the miracles that were performed in you had been performed in Tyre and Sidon, they would have repented long ago in sackcloth and ashes.
22 But I tell you, it will be more bearable for Tyre and Sidon on the day of judgment than for you.
23 And you, Capernaum, will you be lifted to the heavens? No, you will go down to Hades. For if the miracles that were performed in you had been performed in Sodom, it would have remained to this day.
24 But I tell you that it will be more bearable for Sodom on the day of judgment than for you."
25 At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children.
26 Yes, Father, for this is what you were pleased to do.
27 All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal Him."

Fifth: Finding Rest and Having an Easy Burden -- Jesus says we will find rest and that His burden is light! **(Matthew 11:28–29, 20–27)**

Put our joy in God's wisdom, not in people's responses!
Put our joy in God's approval, not in the approval of the world!
How can we become humble people who humble ourselves before the Lord, trust in Him, wait for Him, and fear Him?
How can we become humble people who humble ourselves before the Lord, trust in Him, wait for Him, and fear Him?

IV. The Key to Humility

Know how small we are and how great God is.
Know that we are sinners and how abundant God's grace is.

Put it into practice: Humble ourselves before the Lord, put ourselves aside without competing with others, and acknowledge that God is right.

1. Our attitude toward God: Humble ourselves before the Lord.

2. Our attitude toward others: Put ourselves aside and do not compete with others.

3. Our attitude toward success and failure: Acknowledge that God is right and that His good purpose is best.

Those who humble themselves, look to God, pray to Him, wait for Him, and fear Him—

God will bless them with freedom from shame, intimacy with Him, peaceful living, an inheritance in the land, and rest with an easy burden.

God will hear their prayers, lift up their thinking, renew their emotions, greatly strengthen their spiritual lives, and set them free from every

bondage. They will lay down every burden and put away every sin and everything that holds them back. They will break out of their shells and be transformed in their whole being. Those who are last will become first, and those who are first will continue moving forward, walking with God!

Their spiritual lives will be renewed day by day. They will no longer remain stuck or go backward.

Their spiritual lives will no longer be dry. Instead, they will be renewed and transformed more and more. Like sugarcane, each bite will become sweeter than the last!

They will move from merely hearing about God to seeing Him with their own eyes!

They will have joy, peace, and prosperity, bringing glory to God and blessing others.

Dear brothers and sisters, rise up and live with a humble heart!

Responsive Hymn

✝ 務在主前卑謙 Humble Before the Lord

♫ Humble yourselves before the Lord,
and he will lift you up. *2
♫ God resists the proud in heart
Grace is where the humble start
Worldly love pulls me apart
You alone are truth and part
♫ [I will not befriend this world
Lest I stand against my Lord
I surrender all I am. Trusting fully in Your hand]
♫ Draw near to God, He draws to me
Clean my hands, make my heart free
No more divided loyalty.
I live to fear Your holy name [ ]
♫ Humbled low before Your throne
You will lift me, You alone
Grief and sorrow turned to life.
I am Yours, no longer mine
♫ I resist the devil's lies
By Your grace I stand upright
Leaning on Your strength alone
Living out a humble life
♫ I will not befriend this world
I belong to You alone
Humbly trusting till the end.
All the glory to Your throne

主啊！我到祢面前 Lord, I Come To You

♫ Lord, I come to you. Offering You myself
Transform my mind. Cleanse my heart.
♫ Lord, I come to you. Offering You my day.
My body and all I have. As living sacrifices.
♫ Lord, I come to you. Offering You myself
Transform my mind. Cleanse my heart.
I have been crucified with You.
Now Christ is living in me.
I know that You love me.
I just want to Glorify You.

Announcement

1. The "An Extraordinary Race, An Eternal Prize" Sports Missionaries Exhibition will be held in the Cloud Hall on the 1st floor from today through November 14. Opening hours are Sunday, 8:00 AM–5:00 PM, and Monday through Saturday, 9:00 AM–9:00 PM. Brothers and sisters are welcome to visit and invite family and friends. Guided tours and special sessions are also available for all age groups. For details, please contact your fellowship chairperson or small group leader.

2. Adult Sunday School will offer the Truth Study Class today at 12:30 PM at the Friendship Corner on the 1st floor. Through the Bible's accounts of Jesus' words and actions, we will learn more about His power and love. New friends and brothers and sisters who want to know Jesus better and experience His love are welcome to sign up.

3. This week's unified Bible reading schedule is Acts 26–28. You are welcome to scan the QR code to subscribe to *Letters from Our Heavenly Father*. You can also listen to Pastor Hsu's program, "A Heart After God" – Psalms 107–134, on Good News Radio.

The Lord's Prayer

Doxology

Benediction

Today's worship concludes here for now.
Brothers and sisters, please feel free to communicate with one another before dismissing.
Emmanuel, may God bless you all.

❖ This Week's Gatherings

~ Welcome to invite new friends of all ages to join us