



☞ Prelude	Choir
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☞ **Prelude**

☞ **Invocation:** In the name of the Father, Son and the Holy Spirit, we worship together on this Sunday Morning.

† **我獻上讚美 I Give You My Praise**

♪ I give You my praise,
cause You are my Lord, my King
I give You my life as a holy sacrifice
♪ Giving all my life to You, giving all my best to You
I give You my praise, to You my Lord.

† **喜樂泉源 Fountain of Joy**

♪ You are my fountain of joy,
You set my feet to dancing.
You let me soar like eagles,
You gave me perfect freedom.
You are the hope of my life,
Your love is great beyond words.
Your promise never changes,
From now to forevermore.
♪ It was Your blood that gave me pow'r.
To heal the sickness and disease.
It was Your life that lets me live,
The life of blessing free from the curse
♪ We lift Your holy name on high.
You're worthy to receive our highest praise.
With all my heart and soul, mind and strength,
We worship You.
We lift Your holy name on high.

Your name is lifted high above all names.
So come and build Your throne,
You're the King of kings.

† **祢是主 He is Lord**

He is Lord, He is Lord.
He has risen from the dead
And He is Lord.
Every knee shall bow,
Every tongue confess
That Jesus Christ is Lord.

☞ **Responsive Reading: Psalm 121**

- 1 I look up to the hills,
but where will my help really come from?
- 2 My help will come from the Lord,
the Creator of heaven and earth.
- 3 He will not let you fall.
Your Protector will not fall asleep.
- 4 Israel's Protector does not get tired.
He never sleeps.
- 5 The Lord is your Protector.
The Lord stands by your side, shading and protecting you.
- 6 The sun cannot harm you during the day,
and the moon cannot harm you at night.
- 7 The Lord will protect you from every danger.
He will protect your soul.
- 8 The Lord will protect you as you come and go,
both now and forever!

☞ **Praise**

- † **榮耀歸於真神 To God be the glory**
- ♪ To God be the glory, great things he hath done!
So loved he the world that he gave us his Son,
who yielded his life an atonement for sin,
and opened the lifegate that all may go in.
- ♪ O perfect redemption, the purchase of blood,
to every believer the promise of God;
the vilest offender who truly believes,
that moment from Jesus a pardon receives.
- ♪ Great things he hath taught us,
great things he hath done,
and great our rejoicing thru Jesus the Son;
but purer, and higher, and greater will be
our wonder, our transport, when Jesus we see.

Refrain:

- ♪ (Praise the Lord)*2, let the earth hear his voice!
(Praise the Lord)*2, let the people rejoice!
O come to the Father thru Jesus the Son,
and give him the glory, great things he hath done!

☞ **Special Music**

† **靠主剛強 Be Strong in the Lord**

- ♪ Be strong in the Lord, and be of good courage;
Your defender is He who is always the same
Mount up with wings as the eagle ascending
Victory is sure when you call on His name.
Be strong, be strong, be strong in the Lord;
And be of good courage for He is your guide.

Be strong, be strong, be strong in the Lord;

And rejoice, for the victory is yours.

♪ Put on the armor the Lord has provided;
Place your defense in His unfailing care.
Trust Him for He will be with you in battle,
Lighting your path to a void every snare.
Be strong, be strong, be strong in the Lord;
And be of good courage for He is your guide.
Be strong, be strong, be strong in the Lord;
And rejoice, for the victory is yours.

♪ Be strong in the Lord and be of good courage;
Your mighty commander will vanquish the foe.
Fear not the battle, for the victory is always His;
He will protect you wherever you go.
Be strong, be strong, be strong in the Lord;
And be of good courage for He is your guide.
[Be strong, be strong, be strong in the Lord;
And rejoice, for the victory is yours.] (x2)
Be strong!

🔗 Scripture Reading:

2 Timothy 1:7: The Spirit God gave us does not make us afraid. His Spirit is a source of power and love and self-control.

2 Timothy 2:1: My son, be strong in the grace that is in Christ Jesus.

Ephesians 3:16: I ask him to strengthen you by his Spirit—not a brute strength but a glorious inner strength.

Ephesians 6:10-11:

10 Finally, be strong in the Lord and in his great power.

11 Put on the full armor of God so that you can fight against the devil's evil tricks.

Sermon: You Are Not So Weak!

– Minister Tung

I. Farewell to the Spirit of Fear

- 1. Internal and external troubles:** Timothy's life was filled with internal conflicts within the church and external threats from the Roman Empire and various false teachings. These challenges made him feel weak and unable to be courageous.

2 Timothy

1:8 So don't be ashamed to tell people about our Lord Jesus. And don't be ashamed of me—I am in prison for the Lord. But suffer with me for the Good News. God gives us the strength to do that.

2:9 And because I tell that message, I am suffering. I am even bound with chains like someone who has really done wrong. But God's message is not bound.

2:16-18

16 Stay away from people who talk about useless things that are not from God. That kind of talk will lead a person more and more

against God.

17 Their evil teaching will spread like a sickness inside the body. Hymenaeus and Philetus are men like that.

18 They have left the true teaching. They say that the day when people will be raised from death has already come and gone. And they are destroying the faith of some people.

- 2. Health warning signs:** Worry, anxiety, and fear can cause our physical and emotional well-being to deteriorate. They weaken our immune system, defense mechanisms, and even our faith. The impact of emotions on our bodies is far greater than we imagine.

1 Timothy 5:23

Timothy, stop drinking only water, and drink a little wine. This will help your stomach, and you will not be sick so often.

- 3. Difficulties and discouragements:** The Corinthians were known for their knowledge, achievements, spiritual gifts, and confident attitudes. How could Timothy not feel fearful, discouraged, or inadequate? Ten spies said, "We will surely be defeated," but two spies said, "We are able to overcome!" Which side do we choose?

1 Corinthians 16:10-11

10 Timothy might come to you. Try to make him feel comfortable with you. He is working for the Lord the same as I am.

11 So none of you should refuse to accept Timothy. Help him continue on his trip in peace so that he can come back to me. I am expecting him to come back with the other brothers.

- 4. The cost of discipleship:** In every era and for every believer, there is a different price to pay. Many times, our fear and avoidance stem from our reluctance or inability to pay the cost of faith, service, and self-sacrifice.

2 Timothy 1:8

So don't be ashamed to tell people about our Lord Jesus. And don't be ashamed of me—I am in prison for the Lord. But suffer with me for the gospel. God gives us the strength to do that.

- 5. An unknown future:** Facing an uncertain tomorrow, an unknown battlefield, and an unpredictable path, fear, anxiety, and nervousness are common. Who will take responsibility for my future? Who will guarantee my tomorrow?

2 Timothy

3:1 Remember this: There are some terrible times coming in the last days.

4:6 My life is being given as an offering for God. The time has come for me to leave this life here.

Brothers and sisters, there are countless reasons and excuses for us to be afraid, which may even prevent us from entering the Kingdom of God, the heavenly realm.

Revelation 21:8

But those who are cowards, those who refuse to believe, those who do terrible things, those who kill, those who sin sexually, those who do evil magic, those who worship idols, and those who tell lies—they will all have a place in the lake of burning sulfur. This is the second death.

Paul was Timothy's shepherd, mentor, and understood his personality, spiritual life, situation, and state of mind. Therefore, he encouraged Timothy in this way, passing on the secret of overcoming fear.

II. Being Filled with the Heart of Jesus

1. Be strong:

- **Cry out:** I ask God to strengthen you by his Spirit. I pray that Christ will live in your hearts because of your faith. I pray that your life will be strong in love and be built on love.

Ephesians 3:16: I ask him to strengthen you by his Spirit—not a brute strength but a glorious inner strength.

- **Equip yourself:** Be alert. Continue strong in the faith. Have courage, and be strong with God's words equipped.

1 Corinthians 16:13

Be careful. Hold firmly to your faith. Have courage and be strong

- **Embrace weakness:** I am happy to brag about how weak I am. This shows that I am not depending on myself. God's power is working in me.

2 Corinthians 12:10

Yes, I am glad to have weaknesses if they are for Christ. I am glad to be insulted and have hard times. I am glad when I am persecuted and have problems, because it is when I am weak that I am really strong.

- **Put on the armor:** Finally, be strong in the Lord and in his great power. Wear the

full armor of God. Wear God's armor so that you can fight against the devil's clever tricks.

Ephesians 6:10-11:

10 Finally, be strong in the Lord and in his great power.

11 Put on the full armor of God so that you can fight against the devil's evil tricks.

2. **Love:** God assures us that when we love others, He will be with us. He will fulfill our every request, make our actions successful, and bless everything we have. When you love others, you are connected with God. Your love is infinite, inexhaustible, increasing in strength, brightness, intensity, resilience, and sweetness. It flows endlessly, and those who love have no fear!
3. **Self-control:** Do you want to be strong? Do you want to love others? Do you want to strike a heavy blow against Satan, to inflict pain on the devil? Do you want to be a victorious bearer of light? You must practice continuously and exercise discipline. Your weapons must not be dull, your soul must not be idle, and you must not forget your calling. You are not so weak.

Start practicing holiness, loyalty, spiritual growth, morning prayer, simplicity, dedication, honoring your parents, going to bed early and rising early, participating in the choir, being sensitive, courageous, and saying no to sin.

Practice being willing to be consumed rather than corroded.

Practice reminding ourselves that Jesus died for us and we shall live for the Lord, and being willing to thrive for Him till the end of the day!

☞ Responsive Hymn

† 得勝的宣告 **You Are My Victory**

♪ By faith, I can see the promised land ahead
By faith, I will follow You 'till the end.
Take my unbelief and put my trust in You.
In all battles, You're my victory.

Chorus:

♪ My hope, my strength, is all in Jesus's name.
My peace, my joy, no one can take away.
Set a feast before me,
In the presence of my enemies
I declare: You are my victory

Bridge:

♪ I will praise You, praise You, Jesus.
Let Your blessings come down.
I will praise You, praise You, Jesus.
Let Your glorious grace abound.

♪ I will shout, shout, shout in victory
All my battles, You have won.
I will shout, shout, shout in victory
All my fears and troubles, gone.
I will sing, hallelujah,
I will bring You all my praise. And declare~

☞ Announcement

1. The theme of Beautiful Life Sharing Series this week is " Saying goodbye to the laid-back life— Brother Jack Sung's Life Story" (Part 1). Please invite your non-believing friends and family to watch it.
2. The Family Fellowship's brand-new event for 2023, "Master Chef in Action," will take place for four weeks starting on 6/6 (Tuesday) from 19:30 to 21:00. Four experienced chefs will share the cooking skills in a relaxed way. This is not just about sharing delicious cuisines, but also about passing on love. Brothers who are in high school or above are welcome to participate. Please refer to the registration URL (<https://thfc.pse.is/4xcttz>) or scan the QR code to register.
3. The Humanities and Arts Center is going to host the "Watercolor Sketch Class Teacher-Student Exhibition." The artworks will be displayed at the Friendship Corner on the first floor of the church every Saturday from 9:00 AM to 9:00 PM and every Sunday from 8:00 AM to 1:00 PM in June. Brothers and sisters are welcome to come and appreciate the artworks and provide support and encouragement.
4. On Sunday afternoon at 3 o'clock, there will be a wedding gratitude ceremony for Brother Chen Hao and Sister Wu Pei-Yu. Brothers and sisters are warmly welcome to attend the ceremony and bless the newlyweds.
5. The Bible Reading Plan this week is **Psalm 34-36**. Hope we all root our faith in God's words.



☞ Benediction

May the grace from Lord Jesus, the love from our heavenly Father and the guiding of Holy Spirit be with all of our brothers & sisters from now on and forevermore.

Today, our worship service together is coming to an end. Emmanuel! May our good Lord bless you!

☞ Offertory

☞ Baptism

☞ The Lord's Prayer

Our Father in heaven, hallowed by Your name, Your kingdom come, Your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.

☞ Doxology

Praise God from whom all blessings flow. Praise Him all creatures here below. Praise Him above, ye heavenly hosts. Praise Father, Son, and Holy Spirit. Amen.